

Cog Wild's Baja Packing List

Los Barriles is a casual town, so you can easily pack light and be prepared for everything. Hopefully this will never happen, but just in case of lost luggage, make sure to have a change of clothing, including riding clothes for the first day in your carryon baggage.

The hotel will have filtered water, free Wi-Fi (bring your computer if you need internet access while on vacation), snorkel gear and helmets. There are laundry facilities a short walk from the hotel.

Important Items

- Current Passport REQUIRED for all guests from the US and Canada
- ATM and Credit Card (please call your credit card company prior to the tour to let them know you will be in Mexico)
- Small amount of US cash – you will be able to take our pesos at the bank in Los Barriles, but having a small amount of US cash for traveling is good too.
- Slime bike tubes for 2.1 or bigger tires. Your guides will be carrying them as well, but we recommend carrying your own in case you get a flat while a guide is not close by. Bring 2+.

Clothing

- A few T-shirts, short sleeve shirts and/or tank tops
- One long sleeve shirt/top for evenings (cotton or tech materials)
- One sweater//light jacket/hoodie/tech layer also for evenings
- A few pairs of shorts/pants or skirts or dress.
- Sandals
- Closed toe shoes great for walking.
- Swim suit
- Underwear & socks

Biking Clothes

- Padded bike shorts. There really isn't a clothes line to rinse out and dry your padded shorts, but you can find spots to air dry your shorts. We recommend bringing enough to have a fresh pair every day.
- Summer weight sport tops, cycling jerseys or light tech shirts for riding.
- If you are concerned about scratches from cactus, bring long cycling pants, leggings or tights and/or arm warmers.
- Rain jacket. It shouldn't rain during our tour, but be prepared anyway.
- Full finger cycling gloves. Your summer gloves are perfect. We recommend bringing two pairs.
- Cycling socks.
- Cycling shoes. **If you are using clipless pedals, bring your shoes & cleats.** If you are using toe straps or flat pedals, light hikers or running shoes are best.
- Knee and elbow pads can be used but are not needed.
- Any other clothing or accessories you normally use for riding.

Supplies for riding

- Camel back/water pack. We can supply water bottles, but we recommend having your own pack so you can carry extra clothing, a camera and of course, extra water.
- Sunglasses are mandatory for shade and protection.
- Any tools you don't want to leave home without. Guides are prepared to assist with mechanical problems but bring your own if you want.
- Powerbars, energy gel or other favorite on-trail food. We will supply snacks, but is always good to have your favorite bars with you as well.
- Your helmet, unless you want to use one from the hotel. There are many to choose from.

Additional Important Things

- Headlamp or flashlight – great for walking around town at night or late night strolls on the beach.
- Sunglasses
- Hat – Baseball cap or other, it is very sunny and bright in Baja!
- High SPF (25+) waterproof and sweat proof sunscreen lotion – sunscreen is very expensive in Baja.
- GoPro Camera, your GPS or other gadgets as wanted.
- Toiletries. The typical including toothpaste, deodorant, shampoo, etc.
- Ball-point pen, helpful for any airport forms, customs declarations, etc.
- Paperback books for flights and evenings (The Baja staff appreciates current newspapers / magazines)
- Ear Plugs or eye covers – You shouldn't need these, but just in case.
- Aspirin or Ibuprofen for muscle aches.
- If you plan to do any of the water spots, you might want a thin wetsuit. Either a shorty or 3 mil short sleeve is perfect.
- Note: You do NOT need to bring beach and bath towels, both are provided by the hotel